

LOK BIRADARI PRAKALP HOSPITAL

QUARTERLY NEWSLETTER APRIL- JUNE - 2023



LOK BIRADARI PRAKALP, HEMALKASA

TAL- BHAMARAGAD DIST- GADCHIROLI, MAHARASHTRA

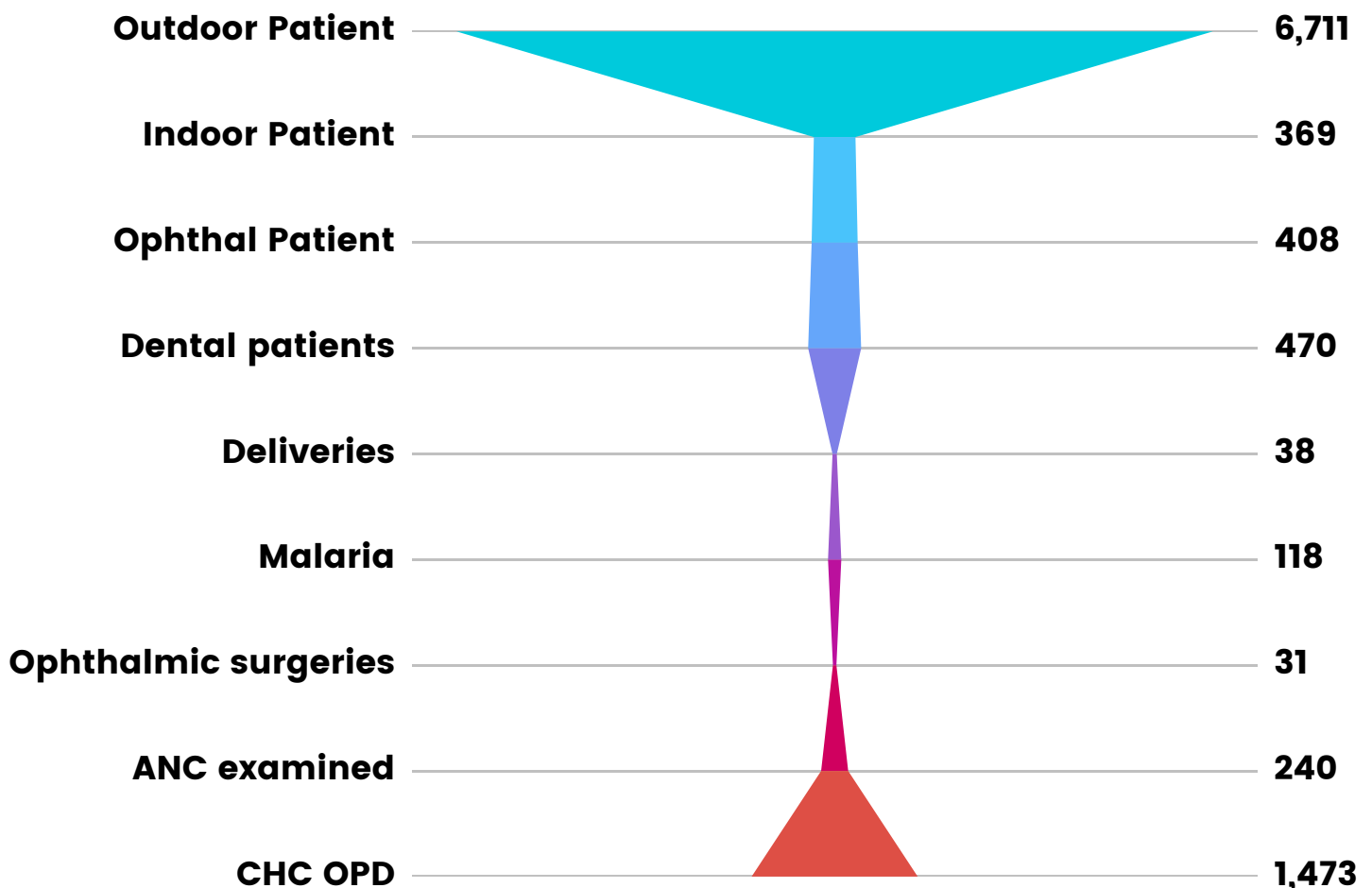
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HIGHLIGHTS

- Ophthalmic Surgery camp-April 2023
- Malaria awareness with preventive measures at Bejur Village
- Infertility camp- 21 MAY 2023
- Menstrual hygiene day celebration -2023
- 'SHAPE' 2022-23- summary
- Sickle Cell Disease Program
- Entrance test for 'Nursing Assistant Training Program- 2023'
- Nursing Assistants Training Program (2022-23)
- MUHS Summer Internship Program

IMPORTANT STATISTIC AT A GLANCE



OPHTHALMIC SURGERY CAMP

In April 2023, a transformative Ophthalmic Surgery Camp was organized at the Lok Biradari Prakalp Hospital in Hemalkasa. Led by the skilled surgeon, Dr. Adway Appalwar, the camp successfully operated on 31 tribal patients suffering from cataract and pterygium.

Dr. Appalwar and Lok Biradari Prakalp hospital, Hemalkasa team worked diligently to perform surgeries that would bring about a significant change in the lives of these patients. The surgeries were not only successful in removing the debilitating eye conditions but also provided the patients with a renewed sense of vision.

The camp became a turning point for these tribal patients as they experienced the joy of seeing the world with newfound clarity. The transformation was truly remarkable, and the gratitude in their eyes spoke volumes about the impact of the surgeries.

Following a successful post-operative period, the patients were discharged from the hospital after two days, ready to embrace a life filled with improved vision and renewed hope.

Overall, the Ophthalmic Surgery Camp of April 2023 was a resounding success, providing new vision and blessings to 31 tribal patients, and leaving an indelible mark on their lives.



MALARIA AWARENESS WITH PREVENTIVE MEASURES & CHLOROQUINE PROPHYLACTIC DOSE ADMINISTRATION AT BEJUR VILLAGE

Due to untimely rains in month of May we observed sudden rise in severe cases of Malaria from village named Bejur. So, we decided to do some preventive measures in that village. We arranged a village meeting in Bejur in early morning & told people the purpose. We showed them a movie made for Malaria awareness in villages, we demonstrated them how to use a mosquito net properly, we cleared some water lodging sites in the village with the help of villagers.

169 villagers of all ages were given a prophylactic dose of chloroquine drug as per respective body weights for reducing risk of Malaria. It was repeated for four weeks at difference of 7 days in between. Villagers given a good response for the initiative; village ASHA worker & Anganwadi worker also joined the camp & helped for its success.

As a result of the activity, we witnessed sudden drop in Malaria cases from the village and reduced severity of cases at hospital.



INFERTILITY CAMP

An Infertility diagnosis and treatment camp was arranged on 21st May 2023 at Lok Biradari Prakalp Hospital, Hemalkasa with the help of specialist doctors of the field from Nagpur & Chandrapur.

Dr. Sushma Deshmukh and Dr. Sudhir Deshmukh with their team from Deshmukh Infertility Hospital, Nagpur served the tribal and other patients with their expertise. They took history of patients, examined the couples, done needful investigations like ultrasonography, blood sugar, semen analysis, etc. After that provided individual and couple counselling along with advice about further treatment. Dr. Manisha Wasade, Dr. Poonam, Dr. Sandhya, Dr. Vaishali provided a valuable support in success of the camp. Total 60 couples from Bhamragad and vicinity were benefitted by the camp. Dr. Anagha and Dr. Digant were the torchbearer for the activity organized at the hospital. Dr. Aditya Burile, Dr. Sandeep Nandode, Sharda Bhasarkar, Sharda Buradkar, Parvati Dubey, Priyanka Sadmek, Dipmala Latkar, Savita Madavi, Lalita Ishtam, Kiran Madavi, Ranjeeta Gawde, Dipak Sutar, Jagdish Buradkar, Kumar Korekar from LBPH staff enthusiastically took part in event and contributed its success.



Patients are provided with free medicines and refreshments during day long activity. This event was supported by Nagpur Obstetrics and Gynaecological society. & Indian fertility Society – Vidarbha chapter, Chandrapur Obstetrics-Gynaecological Society.

MENSTRUAL HYGIENE DAY CELEBRATION AT LOK BIRADARI PRAKALP, HEMALKASA

As a part of 50-year celebration of the organization various activities are planned throughout the year, one of which was an Essay competition on topic of menstrual hygiene, cultural beliefs associated with it. It was launched on occasion of International Women's Day for people of all age & gender from Bhamragad block, its prize distribution was done on occasion of World Menstrual Hygiene Management Day at LBPH dated on 28th May 2023.

Staff from Lok Biradari Hospital arranged the program with co-ordination with Aarewada government primary health centre in Bhamragad block. Over 150 girls from the remote villages were present on the day. The process of menstruation, importance of hygiene, nutrition, how to use sanitary pads, menstrual cups and how to destroy the used materials were shown on models to the tribal girls. All the queries of girls were addressed. Winners of essay competition were given Cash prize & certificates. All other girls were provided with sanitary pads which were provided by Vastalya foundation. The response from tribal girls was beyond our expectations & energizing for us.



'SHAPE' 2022-23- SUMMARY

27 remote tribal schools in Bhamragad were covered in 33 camps under School Health Awareness Programme (SHAPE) in academic year 2022-23. Health check-up of Total 1858 students were done individually. Along with it specially designed eco-friendly Sanitary pad incinerators known as 'Ashuddhinashak' designed by Vatsalya Foundation, Vadodara were installed at six tribal girl's hostels in Bhamragad.



SICKLE CELL DISEASE PROGRAM

Regular monthly Sickle Cell Disease clinic was conducted in month of April & May by team of ICMR, Chandrapur at Lok Biradari Prakalp Hospital, Hemalkasa. Total 56 patients took benefit of it, out of which 15 were came for follow-up visit. After necessary evaluation patients started with Hydroxyurea treatment. Awareness session was conducted for School students of LBP Ashrams school.



ENTRANCE TEST FOR 'NURSING ASSISTANT TRAINING PROGRAM- 2023'

On 14th May 2023, Lok Biradari Prakalp conducted an entrance exam for the Nursing Assistance Course, marking the beginning of the educational year 2023-24. This program aims to empower tribal girls by providing them with education in the health sector, enabling them to contribute to their own communities.

The entrance exam saw the participation of 47 students from Bhamaragad and other blocks. Some of them were selected for further interview stage on basis of their marks in their written exam. These aspiring young individuals displayed their determination and eagerness to acquire knowledge and skills in the field of nursing assistance.

By offering this course, Lok Biradari Prakalp strives to bridge the educational gap and provide opportunities for tribal girls to pursue a career in healthcare. The objective is to equip them with the necessary tools and expertise to serve their communities, addressing the healthcare needs specific to their region.

As the selected students embark on their educational journey, Lok Biradari Prakalp looks forward to witnessing their growth and impact in their own communities, contributing to the betterment of healthcare services and fostering a culture of empowerment and progress.



NURSING ASSISTANTS TRAINING PROGRAM (2022-23)- INTERNAL EXAM & YCM OPEN UNIVERSITY EXAMINATION

After a year-long preparation of nursing assistant students from first batch was ready for facing their internal examination for nursing assistant and for YCMOU's Patient assistant course exam.

They gone through theory written examination, practical tests, viva, spotting for evaluation in internal exam. They performed well in it and on basis of its preparations they faced the university exam confidently. Now they are eagerly waiting for their result of YCMOU exam and internship of nursing assistant programme in month of July-2023.

The past interns were sponsored by Maharashtra Sewa Samiti organisation, Canada, and Mr. A K Rathi. The new batch is sponsored by Maharashtra Sewa Samiti organisation, Canada.



MUHS SUMMER INTERNSHIP PROGRAM AT LOK BIRADARI PRAKALP HOSPITAL, HEMALKASA, BHAMRAGAD, DIST.- GADCHIROLI.

Maharashtra University of Health Sciences, Nashik launched an initiative of Summer Internship Program (SIP) for students from its affiliated colleges. It's a well-crafted program which gives students exposure to various fields, research orientation during their budding years.



MUHS organized an Induction workshop for SIP on 7th of June 2023 at Nashik for the representatives from the associated institutes. Five students from various Government medical colleges of Maharashtra choose Lok Biradari Prakalp Hospital for their Summer Internship. Dr. Digant Amte served as a Nodal Officer for the SIP from the LBPH. Dr. Anagha Amte & Dr. Aditya Burile served as vertical heads for reproductive health & clinical research respectively.

Interns joined & started their four week internship from 16th of June. After initial orientation days in LBP campus, they visited community health centres & conducted health camps in remote villages to start understanding the local tribal cultural, geographical, socio-economic conditions. They sat with tribal people, interacted with them, and discussed about their lifestyle, health seeking behaviours, etc.

To get the understanding of working of healthcare system, barriers faced by government healthcare workers, need and effectiveness of public-private partnership in remote & culturally different region interns visited Government Healthcare facilities like sub centre, primary healthcare centre, rural hospitals in Bhamragad. They interacted with medical officers & other healthcare officials to understand the providers perspective for improving healthcare in this region.

