Quarterly Newsletter for July–September–2022

Lok Biradari Prakalp Hospital, Hemalkasa

Lok Biradari Prakalp Hemalkasa
Bhamaragad, Gadchiroli, Maharashtra-442710
Email- lbphospital1973@gmail.com  Www.lokbiradariprakalp.org
Facilities at Lok Biradari Prakalp Hospital

- Outdoor Patient Department
- Indoor Patient Department
- Postnatal Care
- Ultrasonography
- Neonatal Intensive Care Unit
- Labor Room

- Intensive Care Unit
- Pathology
- Ophthalmology
- Dental
- Operation Theater
- Digital X-ray

Highlights for April- June 2022

- Heavy flood like situation in Bhamragad
- Nursing Assistant training started
- SHAPE Updates
- Sickle cell clinic
- Menstrual Cup workshop

This quarter treated 6718 patients From Maharashtra, Telangana and Chhattisgarh.

50 Beds Capacity, X-ray, Delivery Room, Ultrasonography, Operation Theater, Dental clinic, Eye clinic

Total 67 patients operated were in surgery camp organized by Rotary Club Nagpur.
Important statistic at a glance-

- **6718** Genral OPD
- **46** Deliveries
- **450** Malaria Patient Treated
- **17** Low Birth weight Babies

<table>
<thead>
<tr>
<th>1</th>
<th>Indoor Patients</th>
<th>833</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Ophthalmology Patients</td>
<td>319</td>
</tr>
<tr>
<td>3</td>
<td>Dental Patients</td>
<td>254</td>
</tr>
<tr>
<td>5</td>
<td>Antenatal cases</td>
<td>609</td>
</tr>
<tr>
<td>6</td>
<td>Community Health Centers OPD</td>
<td>1555</td>
</tr>
<tr>
<td>7</td>
<td>Village level ANC clinics conducted</td>
<td>3</td>
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</table>
Bhamragad is a remote place in central India, connectivity to which gets worse in monsoon. This year, due to heavy rains in this region, many villages got disconnected for more than 2 months. It was not possible to conduct field work in such situation for hospital staff. Community health workers performed their duties with great efforts during these days. Our hospital staff provided necessary medicines for those two months at our village health centres by crossing difficult routes through jungle & farms.
Nursing assistant training of 6 selected girls from the region started at Lok Biradari Hospital from month of July. Training initiated with teaching of Basic human anatomy and physiology, nursing basics, computer, basic English & mathematics, etc. Emphasis is given on practical hands-on along with theory classes. Hospital staff showing enthusiasm in sharing their knowledge with these young aspirants.
SHAPE Updates

School Health Awareness Programme started for the academic year 2022–23. This year anganwadi centres are included for health status screening of kids along with Ashram schools & ZP schools in Bhamragad block.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Camp Place</th>
<th>Camp Date</th>
<th>No. of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>LBP class 3rd, Hemalkasa</td>
<td>06/08/2022</td>
<td>42</td>
</tr>
<tr>
<td>2</td>
<td>ZP school, Kothi</td>
<td>13/08/2022</td>
<td>18</td>
</tr>
<tr>
<td>3</td>
<td>ZP school, Hinbatti and Anganwadi</td>
<td>20/09/2022</td>
<td>14</td>
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</tbody>
</table>
Sickle Cell Clinic

Dr. Manisha Madkaikar, Dr. Anita Nadkarni, Director and Deputy Director of ICMR–National Institute of Immunohematology, Mumbai respectively, along with young Scientist from the institute, Dr.Kalpita Gavit visited Lok Biradari Project and had a overlook of activities done by the hospital. It was decided to sign MOU between Lok Biradari Prakalp and ICMR to conduct monthly sickle cell clinic at Lok Biradari Prakalp and village screening for sickle cell, thalassemia and other hematologies.
Dr. Anagha Amte, a gynaecologist from Lok Biradari Hospital, conducted a light-hearted interactive session about menstrual hygiene management with the tribal girls from Lok Biradari Ashram School on 24th September 2022. Nearly 100 girls attended the workshop, some of them were already using the menstrual cups but had queries about it. Dr. Anagha demonstrated the process of menstruation cycle & ways to maintain hygiene during it using ‘menstrual cup’, along with traditional ways, on a life-sized model. The participants appeared to be keen to know more about this newer method & interested in adopting it soon.