

LOK BIRADARI PRAKALP HOSPITAL



Highlights

- [IMPORTANT STATISTIC AT A GLANCE](#)
- [GIVING THE GIFT OF LIFE: BLOOD DONATION CAMPS](#)
- [A PLACE OF COMFORT: PREGNANCY CARE AT THE VILLAGE ANC CLINIC](#)
- [FAMILY PLANNING - CONDOM DISPENSER](#)
- [KITCHEN GARDEN- WASTE WATER MANAGEMENT](#)
- [SCHOOL HEALTH AWARENESS PROGRAMME- SHAPE](#)
- [MOU WITH ICMR](#)
- [INTERACTION WITH NURSING PG STUDENTS](#)
- [UNLOCK YOUR POTENTIAL: NURSING ASSISTANT TRAINING PROGRAMME](#)
- [VILLAGE NUTRITION SURVEY](#)
- [STRENGTHENING OUR COMMUNITY: A VILLAGE MEETINGS](#)
- ["AROGYAJATRA" : HEALTH FAIR FOR A HAPPY LIFE](#)



LOK BIRADARI PRAKALP HOSPITAL ANNUAL STATISTIC - 2021-22

27583
OPD

2878
IPD

2154
Ophthalmic
OPD

1876
Dental
OPD

286
Surgeries

1039
Malaria

315
Deliveries

829
ANC
chek-ups



Giving the Gift of Life: Blood Donation camp-

On occasion of Annual gathering in last week of December at Lok Biradari Prkalp, Hemalkasa a blood donation camp was organized with the help of Government Blood Bank, Aheri. The inauguration of the event was done by respected Dr. Prakash and Dr. Mandakini Amte. Total 41 people donated their blood for the noble cause on the occasion. The event was successfully comes to an end by celebrating birthday of Dr.Prakash Amte along with the staff of lok biradari hospital





ANC clinics collaboration with Government Health Authorities

LBPH is conducting mobile clinics for ANC mothers since 2018 successfully in some villages in Bhamragad block. The decision about spreading wings of the program for reaching maximum number of beneficiaries is done after discussion with District Health Authorities. Now onwards the program is going to be conducted with Human Development Mission of district, in which government health authorities are going to work in collaboration with LBPH for improving maternal and child health. Some more locations like Tadgaon, Arewada, Keeyer, Kothi, etc. are added to the program which were not there before.



Condom dispenser-

A condom dispenser machine was innovatively designed & fabricated at Lok Biradari Prkalp, Hemalkasa last year. The idea behind this is to make condoms easily available at public places & healthcare centres along with reducing taboos regarding use of family planning devices. This device works on simple mechanism, can be used without any electric supply & cannot be hampered by adverse weather conditions. On pilot basis, a single unit was installed in LBP hospital last year. Further has been installed at all community health centres of LBP in Jinjgaon, Pengunda, Ghotpadi, Gopnar, Midadapalli and Mirgudwanacha. Also, we have started keeping it at jatra (traditional gathering) places of tribal villagers where they can access it easily





Kitchen garden- waste water management

A small kitchen garden is formed in LBP campus. It is an example for people visiting the campus to realise how sustainable nutrition can be achieved at home through kitchen gardens. Waste water from daily use by patients is effectively utilized in this kitchen garden which lowers its dependency on external water supply. Organization is planning to replicate this model in some more spaces in & off campus.





SHAPE- Jinjgao

A School Health Awareness program was conducted in Sadhana Vidyalay, Jinjgaon by Dr. Aditya Burile from LBPH. Health examination of 74 students was done. Sessions for increasing awareness about Health, hand hygiene, oral hygiene, malaria prevention, overall hygiene, hazards of addictions were conducted. Students and their teachers gave active participation in the programme.



MoU with ICMR

After the visit of Dr. Manisha Madkaikar, Dr. Anita Nadkarni, Director and Deputy Director of ICMR-National Institute of Immunohematology, Mumbai respectively along with young Scientist from the institute Dr.Kalpita Gavit to the Lok Biradari Project and discussion on the draft MoU in previous meeting, the final MoU was prepared and Signed between authorities of ICMR and LBP. Also, Sickle cell clinics are started on monthly basis.





Interaction with Nursing PG students

A team of post graduate students from College of Nursing, Sir JJ group of hospitals Mumbai visited the project in month of November while being on an educational tour from their institute. It was an opportunity for our nursing assistant trainee students for interacting with experienced seniors from the field. They had an interesting interactive session for talking about nursing, its scope, importance, important skills needed while working and so on. Both appreciated each other for the choices they have made and work they have done. They also offered a support in future for our nursing students and staff.



Nursing assistant training

Assistant Nursing training programme was started in month of July in 2022. Students are working hard to receive new skills and knowledge. They have successfully cleared the theory and practical exams conducted before Diwali vacations. They have started working with patients in ward along with theory classes and now skilled for basic nursing work like Bed making, maintaining hygiene of patients, pad making, etc. We are trying to introduce innovative techniques to improve their learning experience.





Nutrition Survey at Gundurwahi and Mirgudwancha

Nutrition survey amongst under 6 age children was conducted in villages of Gundurwahi and Mirgudwancha villages of Bhamragad block. It was conducted with the help of anganwadi workers and community health workers of LBPH. Anthropometric measurements were taken and a nutrition questionnaire was filled with the help of intern students from Gandhi Foundation, Jalgaon. A masters nutrition student from Pune Ms. Riddhi Jain conducted a survey on weaning food practices in tribal region by interviewing tribal mothers at Anganwadi.



Village Meeting for Choloquine Prophylactic dose for preventing Malaria at Midadapalli

Bhamragad block is one of endemic region for Malaria due to its geographic and climatic conditions. This year there was incidences of deaths due to malaria in some villages of Bhamragad. As a precautionary measure LBPH is administering a prophylactic chloroquine dose to students in LBP Ashrams school since some years and has witnessed reduction in incidences of Malaria and severity of symptoms them. This year LBPH has decided to replicate the model in program villages where community health workers of LBPH are working.

For awareness of this a village meeting was conducted in Midadapalli village by our community health workers Sunita Majji and Dansu Pungati. This initiative is started at Gopnar, Aldandi, Gongwada, Jinjgaon, Mirgudwancha, Pengunda and Ghotpadi villages.





'Arogya Jatra' at Lok Biradari Prakalp

Jatra- is a term used for a place where tribal people gather on special occasions usually for traditional events, spends some time enjoying with families and friends. The idea behind this 'Arogya Jatra (Health fair)' was to conduct a health education activity which will be close to the tribal community, non-offensive for them and should happen in an entertaining environment. The person visiting the place should go with the experience.

As a tradition of organization, we tried to make the event as eco-friendly as possible by reusing the waste or scrape material, single sided blank papers, used card boards, restricting the use of plastic, encouraging use of biodegradable spoons made from tree, drawn a beautiful rangoli by using petals and leaves for welcoming the visitors, etc. After a hard work and preparation of about 3 weeks the Arogya jatra started on occasion of foundation day of the Lok Biradari Prakalp dated on 23rd December 2022. It had following sections-

- Nutrition- Our nursing assistant students Jamuna and Gauri explained about importance various nutrients in diet along with its sources. Emphasis was given on locally available food in this region. Information about good practices like use of unpolished rice in tribal food culture was given and appreciated. Information about use of Moringa tree by various methods was shown through posters.
- Snake bite- Muskan and Madhuri our nursing assistant students demonstrated importance of snakes in our eco system, how to identify poisonous and non-poisonous snakes, precautions to be taken while living with them, first aid to be taken after snake bite effectively. They used handmade snake props made by themselves for awareness purpose.
- Sickle cell- There are many misconceptions about sickle cell in this region. Our hospital staff nurses Sapna and Kiran explained about the Sickle cell disease, it's transmission, precautions to be taken, benefits from Government, etc. in Madia and Marathi language to the visitors effectively.



- Menstrual Hygiene- Presentation done by our nursing assistant students Ashwini & Akanksha helped the visitors to know about menstrual cycle, its importance, care to be taken during it, eco-friendly methods for maintaining hygiene and disposing it by using 'Matka Incinerator'. They tried to reduce the taboo around it by answering the questions asked by visitors.
- Family Planning- Our hospital staff Arvind and Savita explained people in Marathi and native tribal languages effectively about family planning, its importance, methods used for it. They demonstrated how to use condoms and vaginal tablets properly on models. A wheel demonstrating suitable choice of family planning methods according to persons condition was kept for awareness along with free condoms in specially designed condom dispenser machine. A poster showing bad effects of early/teenage pregnancy was designed along with methods to avoid it.



Oral Health- This was led by our dentist Dr. Chitra Shambharkar. She gave information about importance of oral health, proper brushing methods, hazards of tobacco, etc. Kids enjoyed the tooth tattoos made by her and visitors brings the memory of Arogya Jatra from the Photo booth with smiles.



- Weaning food- Ms. Riddhi Jain a Master's nutritionist student and an intern at LBPH made some nutritious weaning food recipes for babies using Ragi, Kulith and other millets. Babies are found to accept the taste of the recipes quickly, after that She explained the recipes to mothers that they can easily make in their home.



- Kitchen Garden & Hand wash station- A handwash station with instructions of proper method of hand washing and soap was kept near a kitchen garden in campus to show the visitors how water from daily use can be used for giving it to kitchen garden without wasting.



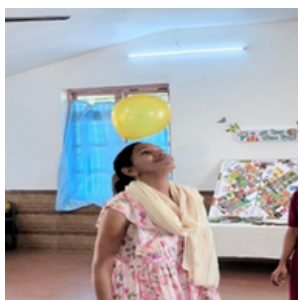
- Health related Snake & Ladder game 'आरोग्याची साप-सिढी'- A traditional snake and ladder game was designed along with health-related messages at the end of snakes and ladders. This helped in making awareness in an entertaining and engaging way.



- Bioscope- A traditional Indian fair is incomplete without a Bioscope movie, keeping that idea in mind an old x-ray developing box was converted in beautiful bioscope, a movie showing work of LBPH and its relation with tribal community was played on a tablet and kept inside it. People enjoyed this experience.



- Fun Games- Kids and other visitors enjoyed Balloon games, musical dance, memory game, running tic-tac-to, hit the target, origami station while engaging in Health fair.



- Feedback stall- At last we got many feedbacks encouraging our efforts along with the valuable inputs for next year.



Next year we are planning to add more topics like awareness about breast feeding, emphasis on promoting use of menstrual cups, cooking competition, RTAs, Mental health, street plays, School Health Quiz, etc. Also plan to conduct it at health centre place.

We are thankful for all the visitors who encouraged us. Lok Biradari Hospital staff Dr.Anagha Amte, Ganesh Hiwarkar, Pappu Mattami, Prakash Maykarkar , Dipak Sutar, Arvind Madavi, Savita Madavi, Sapna Naitam, Kiran Madavi helped to make this event happen. Nursing assistant students Akanksha Madavi, Madhuri Hasse, Jamuna Atram, Gauri Rajurwar, Muskan Pathan and Ashwini Wadde worked hard from start to end to make the Arogya Jatra a successful event. Dr. Aditya Burile co-ordinated all the activities for Arogya Jatra.

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